

TEMPLE HILLEL B'NAI TORAH

Programs & Activities

5776 / 2015-2016



AVODAH
WORSHIP

TORAH
LEARNING

TIKKUN OLAM
SOCIAL JUSTICE

HAVURAH
COMMUNITY

Temple HBT is a haimish Reconstructionist congregation that is rooted in Jewish tradition and responsive to the world we live in. We are building a multiracial and LGBTQ-inclusive congregation where interfaith families feel comfortable. We care about creating a more equitable world and building real human relationships that nourish our community. We actively engage our members in the creative process of bringing new perspectives to tradition and making tradition meaningful to contemporary lives.



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Special thanks to Benita Block, HBT Administrative Coordinator, and Janis Rattet for design and production of this program book.

Temple Hillel B'nai Torah 120 Corey Street, W. Roxbury, MA 02132
(617) 323-0486 www.templehbt.org

Registration & Donations

These pages contain the current schedule of programs and activities for 5776/2015-2016. Events are subject to change, so please take note of future announcements. Our Temple Hillel B'nai Torah community is blessed with a wealth of contacts and expertise among our own temple members. If you have an idea for a program, are interested in making a presentation or bringing in a guest speaker to present on a topic of interest to our community, please contact Jan Snitzer or Jean Weinberg, Co-Presidents, at president@templehbt.org or (617) 323-0486.

If you are interested in attending a class or an event, please fill out this form and mail it to the temple office or register on the HBT website, www.templehbt.org.

NAME _____

ADDRESS _____

EMAIL _____

PHONE _____

HBT Member Non-Member

I am interested in attending:

How did you hear about this event?

I would like to support HBT programs & activities.

Enclosed is my check for:

\$18 \$36 \$54 \$118 other _____

Events on Friday night often follow Community Dinners. You are warmly welcomed to join us. Please register and pre-pay in the office.

Welcome!



The New Year 5776 brings so much promise. Our congregation aims to provide many opportunities for learning, growth, healing the world and creating community. This year's programs, as always, respond to the yearnings and talents of our members.

We are a diverse synagogue community, across age, race, Jewish background, sexual orientation, gender, income, family constellation and many other parameters.

Our annual program book includes programs for worship (*Avodah*), adult and family learning (*Torah*), social justice (*Tikkun Olam*) and community gathering (*Havurah*) from September 2015 through summer 2016. Although programs are listed under these four headings that define our congregation, most of them combine more than one of these congregational values. Our goal is to create a warm, welcoming community that recognizes the web of interdependence that embraces everything we do. When we study, we build community. When we worship, we seek to create peace in the world and in our hearts. Each of these values fortifies and sustains the others.

We urge you to try something new this year, meet new people, and discover parts of yourself in need of healing, hope, strength, or renewal.

This year I am grateful to the HBT community for granting me several months of sabbatical time, from December 21 – February 21 and in the month of July. While I am on sabbatical, the congregation will continue with regular services and programming. We are blessed to have dedicated and talented volunteers to lead services and other programs, as well as strong leaders and a skilled staff to keep the temple running smoothly. In addition, several rabbis will be available for life-cycle events as needed.

While I am on sabbatical I will be working on a writing project based on the teaching of the prophet Micah: "Do justice, act with love and walk humbly." (Micah 6:8) My goal is to explain the interdependent nature of spirituality (walk humbly) and social justice (do justice). The key to both forms of expression is "act with love," meaning building relationships. I hope to share my thinking with all of you throughout the year.

Our community is built on relationships. I look forward to beginning or continuing a relationship with you and your family in the coming year.

— Rabbi Barbara Penzner
rabbi@templehbt.org
rabbarbara.blogspot.com

Hillel B'nai Torah



We hold Shabbat services year-round at 10 AM every Saturday. In addition, here are some special Shabbat services to note on your calendar.

B'nai Mitzvah

Shabbat mornings, as scheduled: 10 AM–12:30 PM

The following students will be called to the Torah as b'nai mitzvah this year:

Oct 10	Naomi Bethune
Nov 14	Ben Shortsleeve
Feb 27	Seth Bradley
May 12	Nathan Rosenlev

Each celebration of a bar or bat mitzvah at HBT is a special occasion for our community, as well as for the student and family. As we witness each student rising to the bimah with pride and confidence, we are assured of the future of our congregation and the Jewish people. This is also an opportunity for each student to appreciate what it means to be part of a larger, loving community.

We encourage all members, as well as visitors to HBT, to join in our b'nai mitzvah celebrations. Please plan to arrive before the service begins at 10 AM so that we may greet the family and their guests into our community. And please plan to stay for the festive kiddush afterward. Everyone is welcome to take part in the service as well as the celebration.



Adult Bar/Bat Mitzvah Group or... what's it like to be up there?

with Rabbi Penzner

Sunday evenings, 5:30 PM–7 PM

Oct 25–May 15, every other week

Fee for chanting teacher (TBA)

Meet with the rabbi **Sep 25, Nov 8 & 22, Dec 6 & 20**

Meet with tutor **Jan 10, 17, 31 and Feb 2, 7 & 14**

Meet with the rabbi **Feb 28, Mar 13 & 27, Apr 10 & 24, May 1 & 15**

Bar/Bat mitzvah date **Nov 12, 2016**

We have all been spectators at many times of our lives, even in synagogue. How different it is to participate in actively creating and contributing to the service, rather than simply watch! Acquiring the skills to read Torah, haftarah, give a d'var Torah, and lead a service will give you the opportunity to move to a more active stance in our community. In addition to helping you become more familiar and comfortable, having more trained members enriches our congregation. So whether you seek a Bar/Bat Mitzvah experience, wish to add a new dimension to your spiritual experience, or want to enhance our HBT community, come join this class!

The group is open to adult women and men who will prepare for a group b'nai mitzvah event, to take place on November 12, 2016.

Tu B' Shvat Seder for Adults

Sunday evening, Jan 24, 5–7 pm

Join us for an adult celebration of Tu B'Shvat. Yes, it's winter for us but what a nice time to take a break and focus on the agricultural cycle in Israel, the bearing of fruits and connecting to the spiritual connotations of the New Year of the Trees. We will partake in a seder replete with wine, fruits and nuts.



TEMPLE HILLEL B'NAI TORAH Programs & Activities

Chanting Shabbat

with Rabbi Penzner and Tracy Rich
Saturday mornings 10 AM–12 noon

Oct 17, Nov 21, Jan 23, Mar 5, Apr 16, Jun 4

The gifts of Shabbat: connection, rest, reflection, music, learning. Chanting Shabbat is one way to access these gifts.

On a typical Chanting Shabbat, Rabbi Penzner and Tracy Rich welcome you to a service built around a theme from the weekly Torah reading. Through song, meditation, Torah reading and discussion, each person will be able to use the time for spiritual reflection, while remaining true to the basics of a Shabbat morning service. No experience with meditation or with Hebrew prayer are necessary; however, if you do have a practice, or you know the Shabbat service, you can deepen your knowledge and your practice through chanting.

Back by Popular Demand! Practice Yoga, with a Jewish Flow!

Sundays, 4–5:15 PM

Join Laurie Rotman (registered Yoga teacher) as she guides you through a slow flow (vinyassa) practice. Find your inner “Shalom” as we calm the mind and keep the body active.



The class uses themes from the Torah and from Jewish teachings and midrashim to provide intentions for the practice. The class is appropriate for raw beginners as well as experienced practitioners. Modifications using chair yoga are also available. Please bring a yoga mat, water and a towel to class. If you have any questions, please contact Laurie (laurie0406@gmail.com)

There is no cost for these classes but donations are welcomed. Yoga mats will be available for a small rental fee.

NOTE: if you have any injuries or medical conditions, please consult a medical professional before participating.

Returning for a Second Year

Mussar Va’ad

with Rabbi Penzner,
Wednesday evenings, monthly, 7–9 PM

Oct 14 & 28, Nov 18, Dec 2, Feb 24, Mar 9 & 30,
Apr 27, May 11

Mussar is a rigorous Jewish practice of reflecting on and examining our behavior. A Mussar Va’ad is a group of seekers who accompany one another in our individual self-examination. Each month we focus on a particular middah (soul trait), such as generosity, trust, truth and equanimity.

At each monthly meeting of the Va’ad, Rabbi Penzner will guide us in reviewing the particular middah (soul trait) that the group has been working on and introduce a new middah for the coming month. Participation in the Va’ad requires a commitment to pay attention to that month’s middah on a daily basis, to offer a personal reflection to the group one time during the year, and to meet with a study partner (hevruta) in between the Va’ad meetings.

This group is continuing from last year and is open to newcomers who are willing to make a commitment to come to all sessions, as much as possible. The group will be limited to eight participants. Returning Va’ad members will receive preference, but anyone who is interested should contact the rabbi soon to reserve a space.



Because study is at the heart of Jewish life, learning pervades all aspects of our temple. We make Jewish texts and traditions, ideas and values accessible to people of all ages and backgrounds.

Allen J. Worters Memorial Lecture

Friday night,
Nov 20



**Catered
Community Dinner** 6–7:30 PM, \$19 per adult

Lecture 7:30–9 PM, suggested donation \$36

*We do not accept money on Shabbat.
Please RSVP and pay in advance.*

This year marks Allen Worters' tenth *yahrzeit*. Each year, the Allen J. Worters Memorial Lecture honors the pursuit of Jewish learning at Temple Hillel B'nai Torah, with its mission of promoting life-long learning that is accessible to all. Each year, Jewish thinkers, teachers and writers representing the best and newest Jewish scholarship in greater Boston, look at different perspectives on Jewish identity.

In 2007 HBT created a permanent endowment to support this annual fall lecture in honor of Allen Worters (of blessed memory). Our goal for the endowment is to raise \$7200 (400 × *chai*), so that the fund will continue in perpetuity, and provide an honorarium from the accrued interest. The endowment is now housed at Boston Community Capital, a certified community development finance institution. Please make checks payable to HBT designating the Annual Allen J. Worters Memorial Lecture Fund.

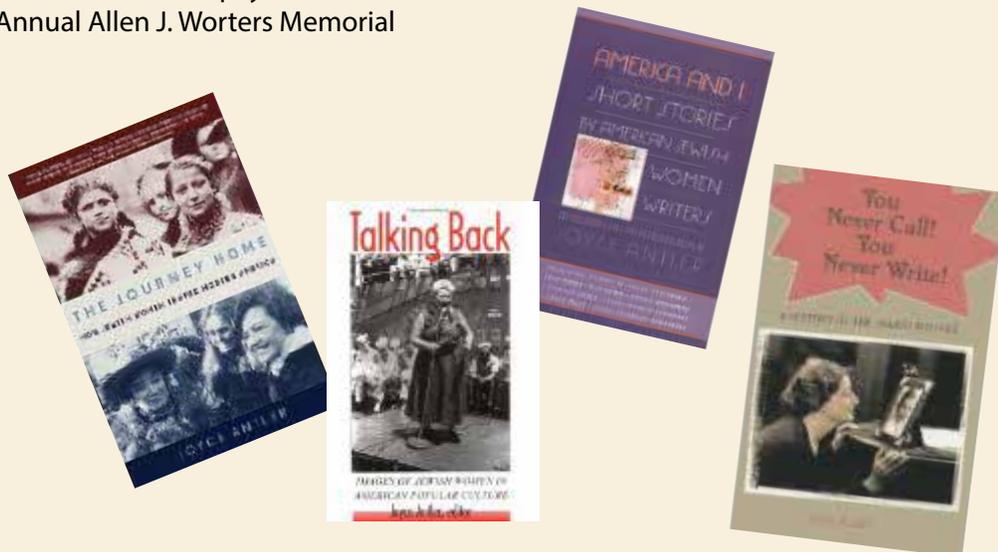
2015 Guest Lecturer: Joyce Antler

“Ready To Turn The World Upside Down”: Women’s Liberation and Jewish Identity



Reconstructing the lost Jewishness of radical feminism, Professor Antler explains why the honor-roll of women’s liberation pioneers includes so many Jewish women. As they have shaped other American social movements, Jewish women have also shaped modern feminism, both secular and religious.

Joyce Antler is the Samuel Lane Professor of American Jewish History and Culture and Professor of Women’s and Gender Studies at Brandeis University. She is the author or editor of eleven books, including *The Journey Home: How Jewish Women Shaped Modern America*, *Talking Back: Jewish Women in American Popular Culture*, and *America and I: Short Stories by American Jewish Women Writers*, as well as the prize-winning documentary drama, *Year One of the Empire: A Play of American Politics, War and Protest*. Her book, *You Never Call! You Never Write! A History of the Jewish Mother*, won the Emily Toth Award from the Popular Culture Association/American Culture Association for best book on women’s issues. She is currently writing a history of women’s liberation and Jewish identity.



TEMPLE HILLEL B'NAI TORAH Programs & Activities

Back by Popular Demand! Parenting Through Our Differences

Rabbi Barbara Penzner

Two Sunday mornings, 10:15–11:45 AM



Childcare will be provided on request.

Parenting is a challenging job by itself. When we co-parent with a spouse or partner, the challenge becomes more complicated, as we negotiate our own desires and assumptions and seek to maintain our adult relationships. *Parenting Through Our Differences* allows couples to raise questions in a safe setting and to hear how others respond to issues.

The group will meet twice this year to supplement *Parenting Through a Jewish Lens*. Anyone can join the discussion, whether or not you are registered for PTJL.

The theme for the year will be “Nurturing a Healthy Jewish Identity in our Children.”

Dec 6 Nurturing a Healthy Jewish Identity, Part I: December Doubts

Every December our children ask new questions about being Jewish in a predominantly Christian society, and parents face new challenges. We will discuss the place of spirituality as a way to find meaning and joy in being Jewish. There’s more to December and to Jewish life than 8 days of presents!

Mar 27 Nurturing a Healthy Jewish Identity, Part II, Seder Successes

Passover is a wonderful time to create positive Jewish memories and to inculcate Jewish values. We will share our seder practices and discuss the place of social justice in developing a strong Jewish identity.

Special Program from Hebrew College Parenting Through a Jewish Lens

Sunday mornings, 10:15–11:45 AM

**Oct 25, Nov 22, Jan 10, Feb 7, Feb 28, Mar 6,
May 1, May 15.**

The course is \$120/individual or \$200/couple and fee discounts are available. Includes FREE childcare.

Parenting Through a Jewish Lens, an exploration of core values. The PTJL program explores numerous parenting issues including how to incorporate daily Jewish rituals, how to parent during a loss, how to approach *tzedakah* or charity as a family, how to connect to a larger Jewish community and so much more. Taught by knowledgeable, creative, and skilled instructors, PTJL reaches a diverse population of participants and parents from all backgrounds are welcome. The instructors are skilled at getting to know the participants on a personal level and tailoring lessons to meet their needs and concerns. As one parent stated, “Our instructor brings to each session incredible depth of knowledge, broad-minded perspectives, thoughtfulness, and experience as a parent.”

Parenting Through a Jewish Lens is a joint program of Hebrew College and Combined Jewish Philanthropies. Classes are held throughout the Greater Boston area.

To begin your journey or for more information, please contact Marcy Leiman at [617-559-8734](tel:617-559-8734).

To register, visit: www.hebrewcollege.edu/parenting



Because study is at the heart of Jewish life, learning pervades all aspects of our temple. We make Jewish texts and traditions, ideas and values accessible to people of all ages and backgrounds.

Returning with a new name Books and Bagels

Combining the Book Club
with Bagels & Tanach
Hosted by HBT members
Sunday mornings, monthly,
11 AM-1 PM



Bagels & Tanach Oct 11, Dec 13, Feb 14, Apr 3

Study of texts, both ancient and contemporary, will now take place on a monthly basis with Sunday brunch. Learn more about the ancient sovereign Jewish states as told in the Book of Kings.

Book Club Nov 8, Mar 13

Discussing provocative contemporary non-fiction works.

Between the World and Me, by Ta-Nehisi Coates

This book is being hailed this year as the book to read about the African-American experience in America. Under 200 pages and very readable, it reflects as well HBT's social justice theme this year, "Black Lives Matter".



Pesach Kulanu Yachad

Sunday morning, Apr 10, 10 AM-12 noon

Part of the Kulanu Yachad series, we will offer activities especially for life-long learners.

Dance! Join Sarah Shenar, a creative Israeli Nia instructor as she leads us in a dance/movement class to the music of Passover. If you love Israeli dancing you will like this too!



Dance barefoot or in sneakers as she helps us ready our bodies and hearts for the holiday of freedom. Be ready to hop into spring!

Ask the Rabbi... did you know that part of the purpose of the four questions is to get you in question asking mode? So let's do it together... we have half an hour to pose questions, any question, about the holiday or Haggadah... let's inspire each other with listening to questions that will help provoke discussion at our own seders.

Boston Jewish Film Festival

Nov 4-16, 2015

The Boston Jewish Film Festival celebrates the richness of the Jewish experience through film and media. Throughout the year, the Festival engages and inspires the community to explore the full spectrum of Jewish life, values and culture. <http://www.bjff.org/>



TEMPLE HILLEL B'NAI TORAH Programs & Activities

BOSTON JEWISH MUSIC FESTIVAL

Music Builds Bridges
FEBRUARY 27 — MARCH 15, 2015
Around the world. Around the corner.

Boston Jewish Music Festival: "Music Builds Bridges"

Feb 27–Mar 15

The BJMF is dedicated to presenting outstanding Jewish music of all kinds and performers to the Greater Boston and regional community. Through musical concerts, workshops and educational forums, they seek to deepen the understanding of and appreciation for Jewish culture and tradition. <http://bostonjewishmusicfestival.org/>

LimmudBoston 2015

Sunday, Dec 6, 9 AM–6 PM

Congregation Mishkan Tefila,
300 Hammond Pond Parkway,
Chestnut Hill, MA



HBT is a co-sponsor of LimmudBoston, which is more than just an all-day conference of Jewish learning. It's a happening, a Jewish learning fest of culture and identity. From storytelling, music and meditation to Torah and Talmud, LimmudBoston offers inspiration and education—engaging beginners and scholars alike. Discuss, listen, watch and wonder—in workshops that explore lifecycle, Israel, spirituality and identity. Dance and clap; sing and shop; bake and taste! Get information to volunteer, teach or register at <https://limmudboston.org/conference-2015/>



Community Tikkun Leil Shavuot in Brookline

All Night, Saturday, Jun 11, Starting at 9 PM
384 Harvard Street, Brookline, MA

Learn with hundreds of local Jewish community members from dusk to dawn at the 8th annual Community Tikkun Leil Shavuot in Brookline. HBT is a co-sponsor of this festival of learning to welcome the holiday of Shavuot.

Shavuot celebrates the Giving of the Torah, and at this all-night event there will be all kinds of learning: text study, cooking, meditation, discussion, dance, and plenty of food. Come for one session or stay until sunrise.

Torah Study

Rabbi Barbara Penzner

Alternate Saturdays, 8:45–9:45 AM



Oct 17, Nov 7, Nov 21, Dec 5, Dec 19, Mar 5, Mar 19,
Apr 2, Apr 16, May 7, May 21

Now in our fifth year, our Torah study group discusses the weekly *parasha*, or Torah portion, drawing on our personal experience and learning from generations of commentators. This year we will read specific sections of the portion using the commentary in the *Etz Hayim* humash as a means to understand the interpretive tradition of Torah study.

We ask that participants read through the portion in advance; however, no Hebrew knowledge or prior experience necessary.

Advocacy and Awareness Campaigns

Periodic advocacy campaigns on current public policy issues are part of the mission of Tikkun Olam at HBT. These campaigns may involve petition signing, calling or meeting with local public officials, and attending rallies.

Current campaigns and initiatives:

- Criminal justice reform (EPOCA)
- Reducing Gun Violence
- Discussions (and Programming) on Racism (White Privilege and Jewish Multiracial/Multicultural Education)



Greater Boston Interfaith Organization (GBIO)

Hillel B'nai Torah was the first synagogue and the first Jewish organization to join GBIO when it was founded in 1996. GBIO is a coalition of faith-based communities that builds on relationships across divides to work together for the betterment of our city and community.

In the past, GBIO has succeeded in make changes in education, health care, housing and elder care in the greater Boston area. GBIO is an affiliate of the Industrial Areas Foundation (IAF).

The current GBIO priorities are:

- Criminal justice reform: ending mandatory minimum drug sentencing
- Education reform: establishing a STEM School at the Dearborn
- Reducing gun violence
- Affordable housing/anti-gentrification
- Health care cost containment

Interested in participating? Contact HBT liaison Ari Davidow at ari@ivritype.com

Mitzvah Opportunities

Yom Kippur Food Drive

While you are fasting for one day, others go hungry year-round. Making your fast even more meaningful by bringing a grocery bag (or two) with non-perishable foods for the families and children of the Failure to Thrive Clinic at Boston Medical Center.



Bags and grocery lists are available at Rosh Hashanah services. Please return your bags by the day after Yom Kippur.

Family Table

The HBT community is obligated to contribute 35 boxes of whole wheat crackers and 35 cans of salmon every month to feed hungry Jewish families in the Greater Boston area. Bring donations anytime! *The drop box is in the main foyer.*

Sunday deliveries to Family Table in Waltham are monthly on:

Sep 13, Oct 11, Nov 8, Dec 6, Jan 10, 2016, Feb 14, Mar 6, Apr 10, May 15, Jun 19, Jul 17

One volunteer is needed to deliver HBT's collection to Family Table in Waltham each month on the scheduled Sunday. *Delivery can also happen on another day of the prior week and must be arranged with the JFCS Family Table Coordinator.* If an individual or family group wants to bag and deliver groceries on one of these Sundays, contact the temple office.

To sign up, contact our Family Table Coordinator, Keren Sammett at k.sammett@comcast.net

Economic and Environmental Sustainability

This work may include Boston Area Gleaners. What is Gleaning?

Gleaning is the act of collecting surplus crops from farmers' fields. In ancient times, gleaning was used as a method of improving community food security for everyone. Farmers would invite the poor members of their communities onto their farms after a harvest to "glean" whatever crops were left in the fields.



TEMPLE HILLEL B'NAI TORAH Programs & Activities

Today, Boston Area Gleaners organizes volunteer gleaning groups to harvest crops from local farms in order to aid farmers in distributing their surplus to those in need. *There are many reasons why farmers have surplus crops to donate.*

In eastern MA, there are over 1,000 produce farms that could help solve hunger in our region by inviting gleaners to their farm. As we grow as an organization, we hope to serve more of these farms so that we can help provide this valuable food source to our community. *Leave No Crop Behind!*

Educational Awareness and Events

Human Rights Shabbat

Featuring the Larry M. Diamond Tikkun Olam Youth Award dinner and ceremony



Friday, Dec 4 6 PM dinner 7:30 PM award ceremony

The Larry M. Diamond Tikkun Olam Youth Award was first bestowed in 2014, a year after Larry Diamond's untimely death. The award is intended to celebrate young people in the HBT community who have made a longstanding commitment to a cause or to an organization that works to repair the world. We invite the awardee to address the congregation and to meet with students in the Hebrew School, to provide role models of young Jews who are committed to Tikkun Olam. Students receive a small financial award and certificate.

Students in high school through age 24 are encouraged to apply by writing an essay describing their longtime commitment to social justice work and by submitting a recommendation from a supervisor or co-worker. More information will be available from the temple office in the fall.

Saturday, Dec 5, 10 AM–2 PM, Shabbat service, followed by a Kiddush lunch and speaker

On Shabbat morning we will read from The Universal Declaration of Human Rights as the morning's haftarah (prophetic) reading. After the service, our speaker will address the community over lunch. The honoree will also take part in the service.

Sunday, Dec 6, 10 AM–noon, honoree will speak to the Chaverim School

Human Rights Shabbat is supported by a generous grant from the Diamond family, in fond memory of Larry M. Diamond, HBT member and former head of the Tikkun Olam committee.

Martin Luther King, Jr. Weekend

MLK Shabbat Kulanu Yachad

Saturday, Jan 16, 10 AM–1 PM

In addition to a moving Shabbat service with songs of the Civil Rights movement and readings from Dr. King, the morning will feature discussions for adults and programming for children of all ages.

MLK Breakfast

Monday, Jan 19, 8–10 AM

Boston Convention Center 

Boston's oldest and biggest tribute to Rev. Dr. Martin Luther King, Jr. is co-sponsored by Union United Methodist Church and St. Cyprian's Episcopal Church. HBT has been the only synagogue to send a delegation to the breakfast in recent years, building on our relationship with UUMC.

The speaker is always inspiring, drawing on the message of Dr. King. Tickets are available on line. HBT members will be seated together.

MLKbreakfastBoston.org

Annual Louis D. Brown Mother's Day Walk for Peace

Sunday, May 8



**Gather at 7:30 AM
Walk from 8:30–11 AM approx.**

HBT members have taken a prominent role at this annual event, as part of our commitment to end gun violence. Come march behind the HBT banner through the streets of Dorchester.

<http://ldbpeaceinstitute.org/content/be-part-mother's-day-walk-peace>

We welcome members of varied backgrounds into a warm and caring inter-generational community. We support each other through all of life's stages and joyfully integrate children into all dimensions of temple life.

HBT Retreat

Craigville Conference Center on Cape Cod

Friday night, Jun 17 through
Sunday lunch, Jun 19, 2016

A Shabbat away from home with the entire HBT community: young and old, singles and families. A Shabbat experience you will never forget!

In our Community Conversations, many members remembered our HBT retreats with great fondness and asked for us to revive this fun weekend. If you are interested in helping to plan the Shabbaton or have ideas to share, please contact the rabbi or the temple office and we will find a role or a task just for you!

For more information and to register, contact the Temple Office. For updated information please call (617) 323-0486 or visit our website at <http://templehbt.org>



Back by Popular Demand Men's Group

Thursdays, 8–9:30 PM

Oct 15, Nov 19, Dec 17, Jan 21, Mar 17, Apr 21, May 26

The HBT Men's Group is built on the idea that every person carries a bit of Torah inside them and we build wisdom and community by sharing with each other. Among last year's topics were Jewish humor, adult sibling relationships, art (poetry, short story, sculpture) as a spiritual practice, Ferguson MO and social justice, great teachers, and Passover memories. Our group is composed of men of different ages who come together once a month. Our first discussion this fall will be about "Care of our Elders." No Hebrew knowledge required. Light snack and beverages supplied.

For more information contact Ed Levy at Eleviate@icloud.com

New group forming Wise Aging Workshop w/ Dr. Sherry Israel Sundays, 1–3 pm

Oct 4, 18, 25; Nov 8, 22; Dec 6  *Wise Aging*

Are you thinking about your life in a new way? Wondering how aging will change you? Interested in learning, with other HBT members, about ways to enrich this time of your life? Dr. Sherry Israel, a social psychologist, retired Brandeis professor, trained spiritual director, and grandmother to nine, led our first Wise Aging group this year with great success. Since retiring, Sherry has focused her energies inward as well as outward, to be able to live this new chapter of her life gracefully, and wants to share this new perspective with others also interested in aging wisely.

Sherry will lead two small groups this year, a continuing group and a new group.

Wise Aging is open to adults ages 50 and older interested in exploring the spiritual possibilities of growing older. The groups use the Wise Aging framework developed by the Institute for Jewish Spirituality.

Cost: \$120, plus \$15 for the book, *Wise Aging*.

TEMPLE HILLEL B'NAI TORAH Programs & Activities



Kabbalat Shabbat: We Welcome Shabbat in Song, Study, Food and Fun

Friday night is a special time for slowing down from the work week and sharing food with friends. This year we offer several different kinds of Shabbat dinners.

Community Kabbalat Shabbat Fridays, monthly, at the temple Dinner 6 PM Program 7:30 PM

Enjoy a catered communal meal and schmooze over the Shabbat table at one of our community Shabbat dinners. Dinners are a time to develop our relationships with one another and we welcome non-members to get to know us over dinner.

Each month we will provide a variety of programs after dinner, so you can come to dinner, the program or both.

We hope you will come join us for an uplifting welcome to Shabbat.

- Sep 11** Shabbat Bride & Burgers: Open House Community Cookout
- Oct 16** Community Dinner & Student-Led Kabbalat Shabbat
- Nov 20** Community Dinner, Allen J. Worters Memorial Lecture
- Dec 4** Community Dinner, Human Rights Shabbat Program
- Jan 8** Table-Shifting Community Dinner: Eat, Meet & Greet!
- Mar 18** Community Dinner & Game Night
- Apr 8** Community Dinner & Israeli Dancing
- May 6** Community Dinner & Student-Led Kabbalat Shabbat

Community Dinner Details

- Adult \$19
- Family \$50
- Children, ages 7–Pre B'nai Mitzvah \$9.50
- Families with young children, ages 6 and under \$25

Pricing is partially subsidized by a grant from CJP for Families with Young Children.

Note

No money will be accepted on Shabbat. Please *RSVP* your attendance for *each* Community Dinner to the HBT office at [617-323-0486](tel:617-323-0486).

Cancellation Policy

Our policy provides for a full refund if you notify the HBT office of any cancellation by the 5 PM on the Wednesday before the Friday dinner. If you *RSVP* your attendance, but do not come and do not cancel by Wednesday, you will be responsible for payment.

Shabbat @ Home Dinners Fridays at 7 PM, in members' homes

Oct 30, Feb 5, Apr 15

Would you like the opportunity to spend time getting to know the people that you pray with, study with or see when you are at the temple? Would you like to celebrate Shabbat without having to prepare an entire Shabbat dinner or would you just like to relax and end the week together with your friends?

Shabbat @ Home Dinners bring temple members together in small groups so that they can get to know each other better. They also provide an opportunity for people who want to learn more about our community to get to know us. Last year we hosted more than ten dinners on four Shabbat evenings, which took place in individual members' homes. Over 70 people participated and the feedback has been incredibly positive.

If you have any questions or feedback please email Martha Chason-Sokol at mchasonsokol@gmail.com or call her at 617-921-0542. We hope you will join us.



We welcome members of varied backgrounds into a warm and caring inter-generational community. We support each other through all of life's stages and joyfully integrate children into all dimensions of temple life.

PROGRAMMING FOR FAMILIES WITH YOUNG CHILDREN

Shakin' Shabbat

Rabbi Barbara Penzner

Fridays, 5:45–6:10 PM



Shakin' Shabbat is our monthly musical, interactive family program for parents with young children 6 & under. Come to dance, sing, celebrate special moments with your child, have story time, and joyfully welcome Shabbat together.

Led by Rabbi Barbara Penzner, this short, fun service is accessible, free, and followed by either a free pizza dinner or an HBT community dinner.

Special community dinner pricing available for families with young children, thanks to a grant from CJP.

Sep 11 (followed by fall cookout), **Oct 16[†]**, **Nov 6^{*}**, **Dec 18^{*}**, **Jan 22^{*}**, **Feb 12^{*}**, **Mar 18[†]**, **Apr 15^{*}**, **May 6[†]**

*followed by free pizza dinner

†followed by community dinner

High Holiday Services

for preschoolers–1st graders:

Sep 14, 10:30–11:30 AM Rosh Hashanah

Caravan Puppets presents "Tales for the New Year," stories of new beginnings and forgiveness. Show 10:30–11:15 AM, snack 11:15–11:30 AM

Sep 23, 10:30–11:30 AM Yom Kippur

Family service led by Hillary Pinsker, 10:30–11:15 AM, snack 11:15–11:30 AM

Parparim/3s and 4s

Sunday mornings 10–11:30 AM, twice monthly

The Parparim/3s & 4s (*parparim* means butterflies) class is for 3 and 4 year olds. For this class, parents and children will spend some time together and some apart. The group will explore Judaism through songs, stories, games, spirituality, and art. Goals include learning some Jewish 'content' while having fun and making/strengthening connections with other families and between parents and children.

Other Special Programming for Families with Young Children

Sep 27, 5:30–7 PM

Pot Luck "Dinner in the Sukkah" and program

Oct 4, 5:30–7 PM

Simchat Torah Kulanu Yachad (Simchat Torah All of Us Together) program and celebration

Oct 31, 10–11:30 AM

Shabbat Kulanu Yachad (Shabbat All of Us Together) program

Dec 12, 5–7 PM

Caravan Puppets "Latkes for Everyone" Hanukkah show

Jan 16, 10–11:30 AM

Shabbat Kulanu Yachad (Shabbat All of Us Together) program

Mar 12, 10–11:30 AM

Shabbat Kulanu Yachad (Shabbat All of Us Together) program

Mar 20, 11:30 AM–1:30 PM

special early entry to HBT Purim Carnival

Apr 10, 10–11:30 AM

Pesach Kulanu Yachad (Passover All of Us Together) program

TEMPLE HILLEL B'NAI TORAH

Programs & Activities

Meetings and Community Gatherings

Congregation-Wide Community Gatherings

Sun, Nov 15	Semi-Annual Meeting, 10 AM–noon
Wed, Mar 16	Annual Meeting, 7–8:30 PM
Sat, Apr 2	Annual “Spring Fling” Fundraiser, 7:30–10:30 PM

Annual and Semi-Annual Member Meetings and the Spring Fling Gala are opportunities for everyone in our community to gather together—for business, learning, fundraising and celebration. The Semi-Annual Meeting, held on a Sunday morning in November, typically includes a member business meeting as well as group discussions on topics of current interest. Each year we hold board and officer elections at the Annual Membership Meeting in March. HBT’s annual “Spring Fling” is our annual gala. A silent auction, live music and refreshments help set the stage for our most important fundraiser of the year. Members widely agree that this is a lovely event where members socialize and enjoy each others’ company.

Meetings of the HBT Board of Directors and Steering Committee Wednesdays, 7–9 PM

Sep 9	Steering Committee Meeting
Oct 21	Board Meeting
Nov 4	Steering Committee Meeting
Dec 16	Board Meeting
Jan 13	Steering Committee Meeting
Feb 10	Board Meeting
Mar 2	Steering Committee Meeting
Apr 13	Board Meeting
May 4	Steering Committee Meeting
May 22	Board Retreat, 1–5 PM
Jun 8	Board Meeting

The Steering Committee consists of the temple officers. The temple Board consists of members representing different aspects of the congregation.

While Board meetings are specifically meant for elected representatives, all are open to temple members. Minutes are available in the temple office, and temple members are encouraged to communicate with Directors and Officers about agenda items and issues of concern.

Kulanu Yachad

Experiential Learning for All Ages

10 AM–noon (unless otherwise noted)

Kulanu Yachad (*koo-lah-noo yah-chad*) means “all of us together.”

Kulanu Yachad brings our **entire congregation** under one roof for Shabbat and holiday observances, tikkun olam projects, learning and community. Five times during the year we have scheduled events that include programming for all ages, families and backgrounds. Kulanu Yachad is a time to meet other members, to experience the joys of Shabbat and holidays, to deepen your connections to your spiritual life and Jewish heritage. Kulanu Yachad is meant for HBT members and non-members as well, so please bring your friends!

Sunday, Sep 27, 6–7:30 PM

Let’s Eat in the Sukkah! A Family Sukkot Program & Pot Luck Dinner (there will be school in the morning)

Sunday, Oct 4, 6–8 PM

Simchat Torah Kulanu Yachad (no school that morning)

Saturday, Oct 31, 10 AM–1 PM

Shabbat Kulanu Yachad (no school Nov 1)

Saturday, Dec 12, 5:30–7:30 PM

Hanukkah Havdalah Kulanu Yachad (no school Dec 13)

Saturday, Jan 16, 10 AM–noon

Martin Luther King, Jr. Shabbat Kulanu Yachad (no school Jan 17)

Saturday, Mar 12, 10 AM–1 PM

Shabbat Kulanu Yachad (no school Mar 13)

Sunday, Apr 10, 10 AM–12 PM

Pesach Kulanu Yachad (during school hours)

Saturday, May 21, 10 AM–1 PM

Shabbat Kulanu Yachad (last day of school)



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Holidays

Jewish and Civic Holiday Observances

Saturday, Sep 5	Selichot	Sunday, Dec 13	Last night of Hanukkah
Sunday, Sep 13	Erev Rosh Hashanah	Saturday, Jan 16	Martin Luther King, Jr. Shabbat Kulanu Yachad
Monday, Sep 14	Rosh Hashanah Day 1 and Tashlich	Monday, Jan 18	Martin Luther King Jr. Breakfast, at Boston Convention Center
Tuesday, Sep 15	Rosh Hashanah Day 2	Sunday, Jan 24	Tu B'Shvat Seder
Tuesday, Sep 22	Kol Nidre	Sunday, Mar 20	Purim Carnival
Wednesday, Sep 23	Yom Kippur	Wednesday, Mar 23	Purim Megillah Reading
Sunday, Sep 27	Let's Eat in the Sukkah! A Family Sukkot Program	Friday, Apr 22	Erev Pesach, first seder
Monday, Sep 28	Sukkot morning service	Saturday, Apr 23	Pesach Shabbat service
Sunday, Oct 4	Simchat Torah Kulanu Yachad Community Celebration & Service	Saturday, Apr 30	8 th day of Pesach Shabbat service with Yizkor
Monday, Oct 5	Shmini Atzeret and Simchat Torah morning service with Yizkor	Thursday, May 5	Yom HaShoah
Sunday, Dec 6	First night of Hanukkah	Saturday, Jun 11	Community Tikkun Leyl Shavuot in Brookline
Saturday, Dec 12	Hanukkah Havdalah Kulanu Yachad	Sunday, Jun 12	Shavuot morning service with Yizkor
		Sunday, Aug 14	Tisha B'Av



TEMPLE HILLEL B'NAI TORAH Programs & Activities

Great Lakes Scrip Program

Make \$\$\$ for HBT at no extra cost to you!

Can you imagine making \$\$\$ for HBT because you SHOP?

Let your everyday shopping make a difference to the HBT community. You can help make this happen by supporting our new fundraising program.



How often do you shop for Food? Prescriptions or Drug Store Items? Home Improvements? Clothes? Home Goods? Books/CD's? Gift cards?

If you purchase Scrip from HBT, we make \$\$\$.

What is Scrip you might ask? Scrip is a term that means "substitute money."

When you purchase Scrip you're purchasing gift certificates and prepaid cards that are used the same way you would use cash to shop in supermarkets, pharmacies, (CVS or Walgreens), clothing stores, restaurants, home improvements stores, etc. The difference is that *our temple will earn a percentage each time Scrip is purchased.*

There is no additional charge to you. \$25 for \$25 or \$100 for \$100. The only difference is that you need to order and re-order to make this program successful.

We all have to eat so why not try this program by purchasing Supermarket Scrip. We offer Shaw's, Stop & Shop, and Whole Foods.

To see a full list of participating merchants go to ShopwithScrip.com



West Roxbury Farmers Market

Sundays, Jun through Oct 25, 11 AM-2 PM



Bank of America parking lot, Centre and Corey Streets

Stop by each week for:

- Farm fresh, local, healthy, and sustainable fruits, veggies, eggs, and more
- Kosher Middle Eastern specialties, organic honey, and Israeli/ Palestinian olive oil
- Book sellers, craft vendors, massage
- Free music, shopping bags, prizes

Co-sponsored by Temple Hillel B'nai Torah and West Roxbury Main Streets

WestRoxburyFarmersMarket.org





Hillel B'nai Torah

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